

VMIAC Declaration of Rights by and on behalf of all people with psychiatric disabilities.

(Cost \$1.00 + \$0.10 GST = \$1.10 + \$0.45 postage)

The rights claimed by members of the VMIAC in regard to:

- Accommodation
- Clubs and Associations
- Criminal Law
- Education and Training
- Employment
- Goods and Services
- Health and Mental Health Services
- Residence in Psychiatric Institutions
- General

Listen to Our Voices

(Cost \$3.00 + \$0.30 GST = \$3.30 + \$1.25 postage)

Report of the 1993 Project Focus consultations. In their own words, consumers talk about their needs and concerns.

Signposts

(Cost \$4.00 + \$0.40 GST = \$4.40 + \$1.25 postage)

A 40 page guide for consumers of mental health services in Victoria. 'Signposts can help point the way for consumers, enabling them to be more informed, empowered and supported in their journey through the mental health system.

Understanding, Anytime

(Cost \$12.00 + \$1.20 GST = \$13.20 + \$3.00 postage)

A consumer evaluation of an acute psychiatric hospital. The project which lead to Understanding and Involvement.

Unlocking the System: Consumer Participation Strategies in Mental Health

(Cost \$4.00 + \$0.40 GST = \$4.40 + \$1.25 postage)

A compilation of consumer and service provider thoughts and experiences:

- developments effecting consumer participation in Victoria
- the framework of beliefs underlying the Mental Health system
- understanding decision-making structures
- barriers to consumer participation
- possible ways of overcoming these barriers
- structural inequalities- the special problems of people from non-English speaking backgrounds

Understanding and Involvement:

1. **A Project's Beginnings...**
2. **A Project Unfolds...**
3. **A Project Concludes...**

(Cost \$15.00 + \$1.50 GST per volume = \$16.50 + \$3.00 postage per volume)

A series of reports documenting the 3 year Understanding and Involvement (U&I) project. This award winning participatory action research project evaluated the implementation of consumer feedback mechanisms in an acute psychiatric setting.

Manual for Staff – Consumer Consultants in Mental Health Services

(Cost \$15.00 + \$1.50 GST = \$16.50 + \$3.00 postage)

Prepared by the Understanding and Involvement team.

Developing Effective Consumer Participation in Mental Health Services: The Report of the Lemon Tree Learning Project

(Cost \$12.00 + \$1.20 GST = \$13.20 + \$3.00 postage)

A useful resource for consumers and service providers who have a commitment to consumer participation.

Lemon Looing Boardgame

(Cost \$30.00 + \$3.00 GST = \$33.00 + \$6.00 postage)

A resource for staff training.

The aim of the game is to 'experience' something of the perspective of someone who has used Mental Health services in Victoria.

Do You Mind? – The Ultimate Exit Survey – Survivors of Psychiatric Services Speak Out

(Cost \$10.00 + \$1.00 GST = \$11.00

Consumers, Health Care Card Holders Unemployed.

Cost \$15.00 + \$1.50 GST = \$16.50

Organisations, Others

Postage \$3.50 Victoria

\$4.00 rest of Australia)

This Publication contains 11 chapters, each of which consists of transcribed conversation and discussion between consumers who were members of the Melbourne Consumer Consultants Group in 1997. The conversations in each chapter focus on a particular feature of our mental health system eg; Stigma, Treatment Plans and medication.

Unfinished Business

(Cost \$10.00 + \$1.00 GST = \$11.00 + \$3.00 postage)

A small study on the impact of Seclusion on consumers.

ORDER FORM

Please send me copies of the following publications:

- Declaration of Rights
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 - A Project's Beginnings
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 - A Project Concludes
 - Manual for Staff-Consumer
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 - Report of the Lemon Tree
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 - Unfinished Business
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Orders should be sent to VMIAC
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**Victorian Mental Illness
Awareness Council
(VMIAC)**

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***VICTORIAN
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PUBLICATIONS

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