

I wish to join the VMIAC as a:

Please tick the relevant part

Group Member

(must be a consumer group or organisation)

Individual Member

(must be a current or past consumer of the mental health system)

Associate Member

(non-consumer or consumer group who support the VMIAC's aims and objectives)

Name:

Address:

P/Code _____

Phone: () _____

Email: _____

Tear off the above and send it to VMIAC,

23 Weston Street Brunswick 3056

Email: admin@vmiac.com.au

ABOUT THE VMIAC

What is the VMIAC?

- The VMIAC is an organisation for people who have had mental or emotional health problems.
- The VMIAC is run by people who have had mental or emotional health problems.
- The VMIAC believes that people with personal experience of mental health problems have a valuable role to play in the development of mental health services.
- The VMIAC is committed to active consumer participation at all levels of the mental health system.

VICTORIAN MENTAL ILLNESS AWARENESS COUNCIL

V.M.I.A.C.

**23 WESTON STREET
BRUNSWICK 3056**

**PH: (03) 9387 8317
FAX: (03) 9388 1445**

Email: info@vmiac.com.au

Website: www.vmiac.com.au

WEBFORUM
www.forum.vmiac.com.au

Why join the VMIAC?

If you join the VMIAC, you:

- Will receive a regular newsletter and information updates;
- Can attend meetings about mental health issues and have your say;
- Can raise any issue you think should be addressed;
- Can become actively involved as a volunteer (eg office work, producing the newsletter, giving talks);
- Can vote for or be elected to the Committee of Management;

If you are a non-consumer, you can join as an Associate member. As such, you:

- Will receive regular information including the newsletter;
- Can show your support for the organisation;

Associate members cannot:

- Vote;
- Be on the Committee of Management.

How do I join?

To join the VMIAC, fill in the reverse form.

We will then send you a letter of acceptance once your membership application has been approved by the Committee of Management

WHAT DOES THE VMIAC DO?

What does the VMIAC do?

- Establish and support consumer Groups
- Support individual consumers;
- Support people so they can speak out about issues which are affecting them;
- Act upon broad mental health issues;
- Consult with people who have experienced mental health problems;
- Establish mental health information networks;
- Listen and respond to the consumer voice;
- Lobby to improve mental health services.

How does the VMIAC work?

- We facilitate meetings and forums with consumers of mental health services;
 - We present consumer's views to the government and other relevant bodies;
 - We write submissions to government and other relevant bodies;
 - We respond to mental health issues through all levels of the media;
 - We submit articles regarding mental health for publication in relevant organisation's newsletters/journals;
- We assist people to set up consumer groups and provide them with on-going support;
- We auspice consumer driven projects;
- We conduct/auspice consumer perspective research.

The VMIAC is committed to a philosophy of equity, social justice and change to benefit consumers.